



# Iowa Woman

A Publication of the Friends of the Iowa Commission on the Status of Women • Vol. XXXVI, No. 5, September/October 2006

## Iowa Women's Hall of Fame

Four remarkable women were recognized for their significant contributions by being inducted into the Iowa Women's Hall of Fame on Saturday, August 26 at the State Historical Building in Des Moines. The event was held in conjunction with Women's Equality Day, also August 26, which commemorates the day in 1920 when American women won the right to vote.

The Iowa Women's Hall of Fame is sponsored by the Iowa Commission on the Status of Women (ICSW). Lieutenant Governor Sally J. Pederson and ICSW Chair Holly Sagar presented awards to Jeannette Eyerly, Christine H. B. Grant, Dorothy Marion Bouleris Paul. A posthumous award acknowledged Margaret Wragg Sloss.

Also at the ceremony, the ICSW presented Jane Jones Turner Burleson with the Cristine Wilson Medal for Equality and Justice. This medal is awarded periodically to an Iowan whose life exemplifies the work of Cristine Wilson, who was the first chair of the ICSW and who spent her life working toward equality and justice.

This year marked the 32nd Iowa Women's Hall of Fame induction ceremony. For a book containing the pictures and biographies of these women, send \$5, which includes shipping and handling, to the ICSW, Lucas State Office Building, Des Moines, IA 50319. Biographies of all 128 inductees can be read on-line on the Iowa Women's Hall of Fame page of [www.state.ia.us/dhr/sw/](http://www.state.ia.us/dhr/sw/). A publication listing biographies of the Cristine Wilson Medal recipients is also available on-line.

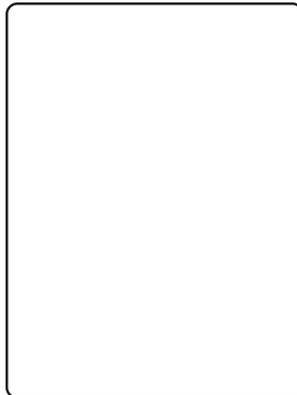
### Jeannette Eyerly

Jeannette Eyerly, an Iowan for more than 90 years, is an award-winning author of books for children and teens and an advocate for mental health.

First published at age eight, she wrote twenty books of fiction for young people, two books of poetry and co-authored a book on writing young adult novels.

She graduated from the University of Iowa in 1930 with

a bachelor's degree in English. After co-writing a nationally syndicated column in the late 1950s, Eyerly later wrote eighteen novels for young adults, in which the subject matter was ahead of its time - high school drop-outs, abortion, suicide, divorce, and alcoholism. Her work in the public policy arena for treatment of mental illness in Iowa has changed the face of how services are delivered and the stigma attached to mental illness. Following the Community Mental Health Center Act of 1963, Eyerly began a grassroots effort in Des Moines to establish an alternative to hospital care for mental illness. Her dogged determination led to the 1969 establishment of the Polk County Mental Health Center, of which she was a founding member. It was renamed the Eyerly-Ball Community Mental Health Services in 1995 to honor her work. She

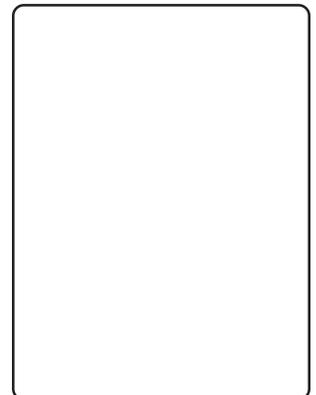


also is a former member of the Iowa Commission for the Blind and past president of the Des Moines Child Guidance Center. She was born on June 7, 1908 in Topeka, Kansas. She was married 65 years to the late Frank Eyerly, managing editor of *The Des Moines Register and Tribune*, and is the mother of two daughters. She has six grandchildren and nine great-grandchildren.

### Christine H. B. Grant

Christine H. B. Grant, associate professor of sports administration and former women's athletic director at the University of Iowa, is a nationally known advocate for gender equity in intercollegiate athletics. As a result of her leadership following her appointment in 1973, the women's athletic program reached national prominence.

Her recognition of disparities in the resources allotted to women's and men's athletics led her to become a champion of Title IX of the Education Amendments of 1972. Grant has served as an expert consultant to the Health, Education and Welfare Office for Civil Rights Title IX Task Force. In addition, she has served as an expert witness in numerous Title IX cases, and as a consultant on



women's athletics, and has also published widely on intercollegiate athletics and equity issues. She was a founding member of the Association for Intercollegiate Athletics for Women and later served as its President. After serving on the Board of the National Association of Collegiate Women's Athletic Administrators, she was then elected its President. Grant was a member of the U.S. Olympic Committee in 1980 and was selected as a field hockey judge for the 1980 Moscow Olympic Games. Although she officially retired as athletic director from the University of Iowa in 2000, she continued to teach in the graduate program in the Department of Health and Sport Studies until May 2006. Her work as an advocate for gender equity in college and high school athletics will continue. She was born in Bo'ness, Scotland on May 27, 1936.

### **Dorothy Marion Bouleris Paul**

Dorothy Marion Bouleris Paul, born in New York State, is a world citizen who emphasizes her connections with the world's people by providing leadership in organizations dedicated to human rights and world peace. A true internationalist, Paul was executive director of the Iowa Division of the United Nations Association of the United States (UNA-USA) from 1979 to 1996. She then served as executive director for programs from 1996 to 2000. She participated in six international conferences, including being the UNA-USA official observer for the 1995 UN Fourth World Conference on Women in Beijing, China and the 1992 UN Conference on Environment and Development in Rio de Janeiro, Brazil. In 1995, she was awarded the UNA-USA Arnold Goodman Award in recognition of her unending creative talents in producing world class programs linking UNA with other non-governmental organizations, public officials, the media and educational institutions throughout the State of Iowa and the region. Since 2000, she has worked with the University of Iowa Center for Human Rights as executive director and most recently as the associate director for community affairs. She has been active in many other community activities including the Iowa City Human Rights Commission, Iowa City Foreign Relations Council, Rotary Club of Iowa City (noon), Emma Goldman Clinic for Women, and Human Rights Iowa City.

### **Margaret Wragg Sloss**

Margaret Wragg Sloss, a pioneer in nontraditional careers for women, was born on October 28, 1901 in Cedar Rapids, Iowa. An incredible leader for women in science, particularly veterinary science, and education, she earned a bachelor's degree in zoology from Iowa State College in 1923, and a master's degree in microscopic anatomy in 1932.

In 1923, she became the first female staff member in veterinary medicine at ISU as a pathology laboratory technician. Sloss contributed to changing the admissions policy at the veterinary school to allow admission to women. She applied for admission into the doctoral program and was denied. She persisted and was allowed to enroll in classes following her research on land-grant admissions policies that stated admissions could not be refused based on sex. In 1938, Sloss became the first woman at Iowa State College to earn the Doctor of Veterinary Medicine degree, the 27th in the USA. Although she taught at Iowa State College from 1941, she did not reach full professor until 1965. In 1940, Sloss was one of 100 women pursuing nontraditional careers who were invited by Carrie Chapman Catt to attend the Women's Centennial Congress in New York City. She was invited by Eleanor Roosevelt to the White House in 1944. She established the Women's Veterinary Medicine Association in 1947 and served two years as its president. Sloss died December 11, 1979 and is interred in the Iowa State University cemetery. ISU named the Margaret Sloss Women's Center in her honor in 1981.

### **Cristine Wilson Medal Recipient**

#### **Jane Jones Turner Burlison**

Jane Jones Turner Burlison is an Iowa original, born and raised in Fort Dodge. In 1947, Jane went to work for the Hormel Packing Plant in Fort Dodge. While working in the sliced bacon department, the sausage production line, and eventually on the cut floor, she became active in the labor union, becoming a steward and serving on the United Packinghouse Workers of America (UPWA) Local 31 Executive Board and working on civil

rights issues nationally. Besides her union activities, Jane is a tireless activist in the community. She was the first woman and the first African American elected to the Fort Dodge City Council in 1983, a seat she continues to hold. She was also the first African American to run for the statehouse from Webster County. Although unsuccessful in this bid, she set the stage for other people of color to run in Iowa, and continues to serve as a role model for women in politics in Iowa. She counts among her numerous activities being a member of Coppin Chapel African Methodist Church (AME) for over fifty years, serving as Trustee and Secretary; volunteering with the Fort Dodge Martin Luther King Scholarship Committee; serving as President of the Fort Dodge A. Phillip Randolph Institute; being a member of the League of Women Voters; serving on the Webster County Diversity Team; and volunteering with the African American Historical Museum and Cultural Center of Iowa in Cedar Rapids. In 2002, Jane was named the Citizen of the Year in Fort Dodge.

## 25 Years of Banned Books

More than a book a day faces expulsion from free and open public access in U.S. schools and libraries every year. There were 405 known attempts to remove books in 2005 and more than 8,700 attempts since the American Library Association began electronically compiling and publishing information on book challenges in 1990.

Bookstores and libraries around the country will celebrate the freedom to read with exhibits, readings and special events during Banned Books Week, September 23-30, 2006.

To learn more, go to [www.ala.org/ala/oif/bannedbooksweek/bannedbooksweek.htm](http://www.ala.org/ala/oif/bannedbooksweek/bannedbooksweek.htm).

## Do you know a remarkable woman?

Do you know someone who should be in the Iowa Women's Hall of Fame? Is the community and/or state better for her contributions? Are people in general better because of her accomplishments? Are women in Iowa, the region, and/or United States better, has their status improved, or have opportunities increased for women because of her life and contributions, and/or is the nation, world, or a particular discipline, profession, or field better because of her contributions?

If you answered yes to any of these questions, go to [www.state.ia.us/government/dhr/sw/hall\\_fame/index.html](http://www.state.ia.us/government/dhr/sw/hall_fame/index.html) or call the ICSW office at 515/281-4461 or 800/558-4427 for a nomination form. Nominations for the 2007 Iowa Women's Hall of Fame are due by May 1, 2007.

## Iowans in Transition Grants Awarded

### Fiscal Year 2006

The Iowa Commission on the Status of Women (ICSW) annually awards competitive grants to programs that serve Iowans in Transition; i.e., displaced homemakers, single parents, and female offenders, who are unemployed or under-employed. The program funding is to be used with an emphasis on helping participants achieve economic self-sufficiency through education, training, and job placement in conjunction with other agencies. After a personal assessment, the programs provide pre-employment services such as support services (child care or transportation), remedial education, academic upgrading, or specific job training.

During fiscal year 2006, 1,376 Iowans in Transition were served statewide by programs including the Des Moines Area Community College on the Boone, Carroll and Des Moines urban campuses, Northeast Iowa Community College on the Calmar and Dubuque campuses, Iowa Lakes Community College in Estherville, and Women Aware, Inc. in Sioux City.

Ninety-five percent of the 1,376 individuals receiving pre-employment services were female. At intake, 63 percent were between the ages of 20 and 34, and 68 percent were receiving some type of welfare assistance. Reports showed about 78 percent of the population was white with 15 percent African-American, four percent Latina, three percent American Indian, and less than one-half of one percent Asian-Pacific Islander. Seventy-two percent received pre-employment assessment, leading up to 11 percent getting an ABE, GED or ESL. Sixty-six percent received training toward a degree and of those three percent transferred to another educational institution while 17 percent graduated with a vocational degree and are job ready. Another 30 percent were deemed job ready without completing training. About 56 percent of the 1,376 received some type of support service (childcare, transportation, etc.).

### Fiscal Year 2007

ICSW has awarded five grants totaling \$92,000 to programs that serve Iowans in Transition for fiscal year 2007. Programs receiving funding include Des Moines Area Community College - \$19,000 for the Urban campus and \$19,000 for the Boone and Carroll campuses, \$10,000 to Northeast Iowa Community College for the Calmar and Dubuque campuses, \$19,000 to Iowa Lakes Community College in Estherville, and \$25,000 to Women Aware, Inc. in Sioux City. Eleven proposals requesting \$259,515 were received. The grant review committee members included ICSW Treasurer Mike Whitlatch along with Kile Beisner, Lora Kelly-Benck, Joan Kennedy and Jule Reynolds.

## Public Hearing Set

Do you have a vested interest in the improved status of girls and/or women in Iowa? And, would you like the opportunity to influence the Iowa Commission on the Status of Women's 2007 Legislative Proposals?

If so, consider testifying at the Commission's annual Public Hearing beginning at 1 p.m. on Tuesday, October 10 at the Urbandale Public Library, 3520 - 86th Street, Urbandale.

Persons or groups who have an interest in issues affecting Iowa women/girls are invited to participate. Contact the ICSW to receive a participants' form to complete, or download one from [www.state.ia.us/government/dhr/sw/legislation/index.html](http://www.state.ia.us/government/dhr/sw/legislation/index.html).

Those who wish to present **written information** for consideration at the public hearing must have 15 copies of the material, including the participant form, **in the office by 4:30 p.m., Wednesday, September 27:** Iowa Commission on the Status of Women, Lucas State Office Building, Des Moines, IA 50319.

Persons or groups wishing to participate in the **oral discussion** of one or more hearing topics (for no longer than 5 minutes) should call or write for scheduling on the agenda. Deadline for scheduling oral discussion is **12 noon, Monday, September 25:** Lori SchraderBachar at 515/281-4470, 800/558-4427, or [lori.schraderbachar@iowa.gov](mailto:lori.schraderbachar@iowa.gov).

Topics may include but are **not limited** to family, child care, health, insurance, corrections, pay equity, violence, sports, education, caregiving, displaced homemakers, sexual harassment, employment issues, health care reform, business/economic issues, divorce, housing, and welfare reform.

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## Endowment Fund Awards

Seven women were chosen for small awards in response to the 20 applications for grants from the Endowment Fund of the Friends of the Iowa Commission on the Status of Women and the Frances Goodman Johnson Foundation.

Bernadine Guyer of West Union, Melissa Huston of Waucoma, Kimberly Johnson of Clermont, and Natessa Welch of Elkader each received \$300 for child care and transportation while completing classes at Northeast Iowa Community College. Kimberly Hackett of Decorah and Jody Klein of Garnavillo were each awarded \$135 for uniform costs needed in their nursing clinicals at Northeast Iowa Community College. Zehara Hassan of Des Moines received \$105 tuition for three semesters of English as a Second Language at Des Moines Area Community College.

Selection committee members included Claudia Schabel, chair, Julie Graden and Camile Curley. Since 1994, the overall total in awards is \$10,778.

## Family Violence

The rate of family violence fell by more than one-half between 1993 and 2002, from an estimated 5.4 victims to 2.1 victims per 1,000 U.S. residents 12 years old and older, reflecting the general decline in crimes against people during the same period, the Department of Justice's Bureau of Justice Statistics (BJS) announced in June.

Family violence accounted for 11 percent of all reported and unreported violence between 1998 and 2002. Of these offenses against family members, 49 percent were a crime against a spouse, 11 percent a parent attacking a child, and 41 percent an offense against another family member.

Seventy-three percent of family violence victims were female and 76 percent of persons who committed family violence were male. Simple assault was the most frequent type of family violence.

Drugs or alcohol were involved in 39 percent of family violence victimizations. In 20 percent of family violence incidents, the offender had a weapon.

About four in 10 family violence victimizations did not come to police attention between 1998 and 2002. Thirty-four percent of victims of unreported family violence said they did not tell law enforcement officials about the matter because it was private or personal. Another 12 percent said they did not report it to protect the offender.

One-half of convicted family violence offenders in prison in 1997 were serving a sentence for committing a sex crime against a family member. Forty-five percent of convicted family violence offenders in local jails in 2002 had been subject to a restraining order at some point in their life.

About one in five persons murdered in 2002 was killed by a family member. In all homicides that year, almost 9 percent were the killing of a spouse, six percent the murder of a son or daughter and seven percent the killing of another family member.

Fifty-eight percent of family murder victims were female, and 26 percent were under age 18. Among murdered children under age 13, 66 percent were killed by a family member.

Eighty-three percent of those who killed a spouse were males, as were 75 percent of those who killed a boyfriend or girlfriend.

The average age of a son or daughter killed by a parent was seven years old, and 80 percent were younger than 13 years old.

The report "Family Violence Statistics" can be accessed at: [www.ojp.usdoj.gov/bjs/abstract/fvs.htm](http://www.ojp.usdoj.gov/bjs/abstract/fvs.htm).

Additional information about BJS statistical reports and programs is available from the BJS Web site at [www.ojp.usdoj.gov/bjs](http://www.ojp.usdoj.gov/bjs).

## **Empower Yourself – Get the Facts**

### **The Basics of Osteoporosis**

Osteoporosis is a medical condition characterized by diminished bone strength and increased risk of fracture. Most people think of their bones as being solid like a rock. Actually, bone is a living tissue, just like other parts of the body—your heart, brain, or skin for example. Bone just happens to be a harder type of tissue. Bone is always changing. Your body keeps your bones strong and healthy by replacing old bone with new bone. After menopause the body removes more bone than it replaces which in many women may lead to osteoporosis. Osteoporotic bones are weaker and are more likely to break. Postmenopausal osteoporosis can be prevented, and with proper therapy it can be treated.

#### **Who is affected?**

An estimated eight million women in the U.S. have osteoporosis. And 40% of women age 50 or older will experience an osteoporosis-related fracture in their lifetime. Osteoporosis also affects men, but to a lesser extent. For those at risk for or who have osteoporosis, prevention and treatment are the best defenses.

#### **Diagnosis**

Because bone loss is gradual and without warning signs, women often do not seek medical treatment until they experience a bone fracture. That's why osteoporosis is often called a "silent disease." To prevent the complications caused by osteoporosis, postmenopausal women should undergo a bone density test to determine the condition of their bones. If you are over age 50 and have other risks for osteoporosis such as the ones listed below, a bone density test could be your first step to understanding your risk for fracture.

#### **Risk Factors**

Answering the following questions may help you to determine if you are at risk for osteoporosis-related fractures.

Are you postmenopausal?

Have you had a bone fracture after age 50?

Did your mother suffer a fracture after age 50?

Do you weigh less than 125 pounds?

Are you taking oral medicines such as cortisone or prednisone?

Do you currently smoke?

Do you need your arms to stand up from a chair?

If you answered yes to any of these questions, you may be at risk for osteoporosis-related fractures. Talk to your doctor about your risk for osteoporosis.

Although it sounds somewhat intimidating, a bone density test is one of the safest, most accurate ways to measure bone density and provide information about your bone health. Since you can't see or feel bone loss, this test is a way to tell if you have or are at risk for osteoporosis. Knowing your bone mineral density test result (which is called a T-score), your doctor can tell if you have lost bone and if you are at increased risk for fracture.

Understanding your risk for osteoporosis is the first step to preventing fractures. With this knowledge you can develop a strategy with your doctor that may include a diet rich in calcium, dietary supplements, exercise, and in some cases, prescription medicines. Your bones will thank you for taking this small but important first step.

## **Fall Retreat**

The Iowa Gender-Specific Services Task force will hold its annual fall retreat on October 12-13 at Wesley Woods Camp & Retreat Center. Dr. LaWanda Ravoira will present *Advocacy: Done Being N.I.C.E. (Not In Charge Enough)*.

It is a common experience among those who work with young women that the needs of these young women are often dismissed or trivialized. Professionals can impact these attitudes. They can effectively create an environment for change that will include decision makers who respect and respond to the needs of young women. Participants who attend the retreat will leave with increased knowledge and skills related to advocating on behalf of young women.

Dr. LaWanda Ravoira served as the President & CEO of PACE Center for Girls, Inc., an organization that provides gender specific services to 4,500 at risk girls annually. Following her departure in August, 2005, she has continued to provide consultation services to PACE. In this role, she leads major state and national reform efforts on behalf of young women. Dr. Ravoira holds a Doctorate in Public Administration (D.P.A.). She is a national presenter on issues related to organizational leadership, systems change, gender responsive services, fundraising, public policy and advocacy.

During the rest of the retreat, we hope participants will take advantage of the opportunity to enjoy the campgrounds, go for a walk, sit by a bonfire and enjoy the company of others. It is a time to learn but also a time to recharge your batteries!

For more information contact Kathy Nesteby, 800/558-4427 or 515/281-6915 or email [kathy.nesteby@iowa.gov](mailto:kathy.nesteby@iowa.gov). Registration information also available on our website [www.state.ia.us/dhr/sw/girls](http://www.state.ia.us/dhr/sw/girls).



## Domestic Violence Crisis Centers

If you or someone you know is a victim of domestic violence, consider calling the domestic violence project nearest you. Also, note that many of the domestic violence projects also serve as sexual assault projects. This list was provided by the Iowa Coalition Against Domestic Violence, 515/244-8028.

<b>Adel</b> Crisis Line ..... 800/400-4884 Office ..... 515/993-4095	<b>Des Moines</b> Crisis Line ..... 515/243-6147 Office ..... 515/471-8699 x.14	<b>Oskaloosa</b> Crisis Line ..... 800/270-1620 Office ..... 641/673-0336
<b>Ames</b> Crisis Line ..... 800/203-3488 Office ..... 515/292-0500	<b>Dubuque</b> Crisis Line ..... 888/332-5899 Office ..... 563/588-0048	<b>Ottumwa</b> Crisis Line ..... 800/464-8340 Office ..... 641/683-1750
<b>Atlantic</b> Crisis Line ..... 800/696-5123 Office ..... 712/243-6615	<b>Fort Dodge</b> Crisis Line ..... 888/356-2006 Office ..... 515/955-2273	<b>Sioux Center</b> Crisis Line ..... 800/382-5603 Office ..... 712/722-4404
<b>Burlington</b> Crisis Line ..... 800/693-1399 Office ..... 319/752-0606	<b>Grundy Center</b> Crisis Line ..... 888/746-4673 Office ..... 319/824-5522	<b>Sioux City</b> Crisis Line ..... 800/982-7233 Office ..... 712/277-0131
<b>Carroll</b> Crisis Line ..... 800/383-9744 Office ..... 712/792-6722	<b>Iowa City</b> Crisis Line ..... 800/373-1043 Office ..... 319/351-1043	<b>Spencer</b> Crisis Line ..... 877/362-4612 Office ..... 712/262-4612
<b>Cedar Rapids</b> Crisis Line ..... 319/363-2093 Office ..... 319/365-1458	<b>Keokuk</b> Crisis Line ..... 800/498-5095 Office ..... 319/524-8520	<b>Waverly</b> Crisis Line ..... 800/410-7233 Office ..... 319/352-1108
<b>Clinton</b> Crisis Line ..... 800/381-9319 Office ..... 563/242-2118	<b>Marshalltown</b> Crisis Line ..... 800/779-3512 Office ..... 641/752-3245	<b>Deaf Women of Iowa Against Abuse</b> TTY Crisis ..... 877/224-0875
<b>Council Bluffs</b> Crisis Line ..... 888/612-0266 Office ..... 712/256-2059	<b>Mason City</b> Crisis Line ..... 800/479-9071 Office ..... 641/424-9071 Hampton ..... 641/456-5835 Winnebago ..... 641/585-1050 Kossuth ..... 515/295-8646 Floyd ..... 641/228-0015 Mitchell ..... 641/832-8456	<b>Latinas Unidas por un Nuevo Amanecer (LUNA)</b> Office ..... 515/271-5060
<b>Creston</b> Crisis Line ..... 888/782-6632 Office ..... 641/782-2706	<b>Muscatine</b> Crisis Line ..... 563/263-8080 Office ..... 563/263-0067	<b>State Hotline..... 800/942-0333</b>
<b>Davenport (Rock Island)</b> Crisis Line ..... 563/326-9191 Office ..... 563/322-1200		
<b>Decorah</b> Crisis Line ..... 800/383-2988 Office ..... 563/382-1260		



Join Iowans from around the state on Monday, October 16 when Friends of Iowa Civil Rights, Inc. presents Iowa's Mosaic Diversity Conference. The conference will be held at the Scheman Center on

Iowa State University's campus in Ames. And, an intensive diversity institute will be held on Tuesday, October 17 at the ISU Memorial Union.

Stedman Graham will keynote during the institute. Both days will be filled with exciting workshop presentations. Monday will also feature exhibits and the 10th Annual Friends of Iowa Civil Rights, Inc. awards luncheon.

For more information or to register for conference and/or institute, visit [www.iowamosaic.org](http://www.iowamosaic.org).

## Let's Talk

Observed each October by states and communities throughout the country, Let's Talk Month emphasizes the importance of conversations about sex between young people and the adults they trust.

Advocates for Youth recently updated its Let's Talk Month Planning Guidebook. The guidebook provides strategic tips and examples to help local communities plan and implement activities for Let's Talk Month. These activities can make a huge difference to teens and their families and can offer a good basis from which to build more inclusive and multi-faceted initiatives in the years to come. To download a copy of the guidebook, go to [www.advocatesforyouth.org/publications/ltnm.htm](http://www.advocatesforyouth.org/publications/ltnm.htm).

# Calendar of Events

## September

Latino Heritage Month (Sept. 15-Oct. 15) and Ovarian Cancer Awareness Month

- 1 Iowa Gender-Specific Services Task Force.** 10 a.m.-12 noon, Urbandale Public Library, Urbandale. Kathy Nesteby, ICSW, 515/281-6915, 800/558-4427, or kathy.nesteby@iowa.gov.
- 6 She-Roes of our Community.** 4:30 - 5:30 p.m., Des Moines Central Public Library, Des Moines. Free. Register by calling 515/255-1853 or visiting [www.chyrsalisfdn.org](http://www.chyrsalisfdn.org).
- 9-10 Iowa's Latino Heritage Festival.** Blank Park Zoo, Des Moines. For more information call 515/279-0715 or visit [www.latinoheritagefestival.org](http://www.latinoheritagefestival.org).
- 11 Women at Ground Zero: Honoring the Women of 9/11.** 11:30 a.m. - 1 p.m., Polk County Convention Center, Des Moines. \$30. Register by calling 515/255-1853 or visiting [www.chyrsalisfdn.org](http://www.chyrsalisfdn.org).
- 11-12 ICA Kick-Off to Quality Care: First and Tend.** Sheraton West Des Moines, West Des Moines. Fee varies. Iowa CareGivers Association, 515/241-8697 or [information@iowacaregivers.org](mailto:information@iowacaregivers.org).
- 12-14 Moving Forward Together.** Stoney Creek Inn & Conference Center, Johnston. Fee varies. FutureNet, Family Planning Council of Iowa, and Iowa Public Health.
- 14-18 Planned Parenthood of Greater Iowa Fall Book Sale.** 4-H Building, Iowa State Fairgrounds, Des Moines. Hours opening night: 4 - 10 p.m. Hours for the rest of the sale are Friday and Saturday 10 a.m. to 10 p.m. and Sunday and Monday 10 a.m. to 6 p.m. Admission is free except for opening night, which is \$5. [www.pggi.org](http://www.pggi.org).
- 21 Women's Chamber Alliance Sixth Annual Forum: An Evening of Personal & Professional Development.** 5:30 - 8:30 p.m., Holiday Inn Downtown, Des Moines. \$65. Pam Slippy, 515/222-9195, [pslippy@peosalaw.com](mailto:pslippy@peosalaw.com), or [www.dsmwca.com](http://www.dsmwca.com).
- 21-22 The Older Americans Act: Acts of Law to Acts of Service.** Adventureland Inn, Altoona. \$60. Iowa Association of Area Agencies on Aging, 866/468-7887.
- 27 Women's Health and Fitness Day.** Visit [www.fitnessday.com](http://www.fitnessday.com) to learn more.
- 29 Laying Claim to Our Spirit: The Iowa African American Women's Leadership Conference.** Crowne Plaza Hotel, Cedar Rapids. Fee varies. For

more information or to register, visit [www.blackiowa.org](http://www.blackiowa.org) or call 319/862-2101 x.14.

- 30 Second Annual Parenting Healthy Children Symposium.** 10 a.m. - 3 p.m., Iowa Methodist Medical Center, Des Moines. For more information, call 515/241-6212.

## October

Native American, Domestic Violence, Breast Cancer, and National Disability Employment Awareness Month

- 6 Iowa Gender-Specific Services Task Force.** 10 a.m.-12 noon, Urbandale Public Library, Urbandale. Kathy Nesteby, ICSW, 515/281-6915, 800/558-4427, or kathy.nesteby@iowa.gov.
- 7 2006 Iowa Chinese Mid-Autumn Festival: Outdoor Holler at the Moon Party.** 12 noon - 6 p.m., Saylorville Lake Cottonwood Recreational Area. To learn more, visit [www.iowachinese.org](http://www.iowachinese.org) or e-mail [iowachinese@yahoo.com](mailto:iowachinese@yahoo.com).
- 10 Iowa Commission on the Status of Women Meeting and Public Hearing.** 10:30 a.m. - 5:00 p.m. Urbandale Public Library, Urbandale. Free and open to the public. Call or write for special accommodations, 800/558-4427, 515/281-4461 or [dhr.icsw@iowa.gov](mailto:dhr.icsw@iowa.gov).
- 10-11 The Road to Recovery: Promoting Early Intervention, Access to Services and Wellness Across the Lifespan.** Scheman Center, Iowa State University, Ames. Fee varies. For more information, call 515-633-0341.
- 12-13 Iowa Gender-Specific Services Task Force Fall Retreat.** Wesley Woods Campground, Indianola. Fee varies. Kathy Nesteby, ICSW, 515/281-6915, 800/558-4427, or [kathy.nesteby@iowa.gov](mailto:kathy.nesteby@iowa.gov).
- 16-17 Creating an Inclusive Environment: Iowa's Mosaic Diversity Conference.** Iowa State University Campus, Ames. Fee varies. Friends of Iowa Civil Rights, Inc. [www.iowamosaic.org](http://www.iowamosaic.org).
- 18 Iowa Women's Foundation Annual Grant Awards Luncheon.** 11:30 a.m. - 1:30 p.m. Quality Inn and Suites Highlander Conference Center, Iowa City. Call the IWF offices for more information or to reserve tickets, 319/337-4222.

## November

- 2-3 Learning From the Past: Leading for the Future. Celebrating 20 years of Way Up.** Cedar Rapids Marriott, Cedar Rapids. Doreen Hayek, 319/273-7300 or [doreen.hayek@uni.edu](mailto:doreen.hayek@uni.edu).

# Bits and Pieces

The ICSW extends a thank you to intern **Laura Durden**, who worked during the summer. Durden is a junior at St. Olaf College. She worked primarily with the Iowa Women's Hall of Fame.



On August 1, 2006 Governor Vilsack appointed Judge Daryl Hecht as a **Supreme Court Justice**. Of the 17 applicants that the Judicial Nominating Commission reviewed for the position, four were women. There is another vacancy on the court, and the application process will begin soon. Women lawyers and judges are encouraged to apply for all positions. Go to [www.judicial.state.ia.us](http://www.judicial.state.ia.us) for more information on qualifications.



Do you love what you see when you look in the mirror? Hollywood and the fashion, cosmetics and diet industries work hard to make each of us believe that our bodies are unacceptable and need

constant improvement. Print ads and television commercials reduce us to body parts — lips, legs, breasts — airbrushed and touched up to meet impossible standards. Is it any wonder that 80% of U.S. women are dissatisfied with their appearance? Women and girls spend billions of dollars every year on cosmetics, fashion, magazines and diet aids. These industries can't use negative images to sell their products without our assistance. Together, we can fight back: **Love Your Body Day** 2006 is October 18.



**World Rural Women's Day** takes place each year on October 15. It was launched at the fourth United Nations Conference on Women in Beijing, China, in 1995. The day provides rural women and their organizations with a focal point to: raise the profile of rural women; sensitize both government and public to their crucial, yet largely unrecognized roles; promote action

in their support; obtain recognition and support for the multiple roles of rural women, who are mostly farmers and small entrepreneurs; and fight inequalities and prejudices against rural women. Rural women the world over play a major role in ensuring food security and in the development and stability of the rural areas. **World Rural Women's Day** aims to change this by bringing rural women out of obscurity at least once a year - to remind society how much they owe to rural women and to give value and credit to their work. *Information courtesy of Rural Women's Zone.*



During the recent **National Association of Commissions for Women** convention, ICSW staff member Lori Schrader Bachar was elected to a two-year term on the NACW board of directors. She will have responsibility for resolutions at the 2007 convention.



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Enclosure of items in the newsletter does not necessarily connote endorsement by the Friends of the ICSW. All information must be mailed or faxed to the ICSW no later than the 15th day of all even numbered months. The use of any submitted material is at the discretion of the editor. The *IoWoman* is mailed six times per year to 8,550 persons or organizations.

Camille Curley, President • Charlotte Nelson, ICSW Executive Director • Lori M. SchraderBachar, Editor

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